

Marlene Katz

New day spa combines beauty, wellness

ISS, intelligent skin spa, in Westport offers holistic anti-aging treatments for lasting change and is the latest brainchild of Westonite Marlene Katz.

"People are looking for alternatives to Botox and injectable fillers that are not controversial and still give visible results. ISS spa treats the whole essence so that energy is rebalanced, hardened facial expressions softened, skin cells renewed and one's overall appearance improved. Our goal at ISS spa is to have inner beauty show up on the outside," Ms. Katz said.

While ISS treatments work to improve the outer skin, the spa offers wellness services to help change occur on the inside, too.

Ms. Katz created Avenues of Awareness seminars, held at the spa and open to the public. These monthly seminars feature information on how to better care for the body, mind, and spirit, and contribute to ageless aging. This season's topics include emergent thinking, meditation, anti-aging skin care, nutrition, and weight

management.

Ms. Katz developed the day spa concept in New York City in the early 1980s, at a first-of-its-kind spa located across from the Dakota. People from all walks of life enjoyed the spa's array of services, which attracted a celebrity clientele, including Princess Aga Khan, Carly Simon, Raquel Welch, Mary Tyler Moore, Roberta Flack, CNN correspondents, well-known authors, photographers and many more colorful clients.

In 1991, Ms. Katz sold her day spa to open a national consulting firm assisting cosmetic companies with business expansion and product development. Ms. Katz is a media spokesperson, featured in many publications such as Elle, Harpers Bazaar, Cosmopolitan and Day Spa Magazine, and has appeared as a guest on ABC's Good Morning America with Zsa Zsa Gabor and Joan Lunden.

Holistic anti-aging is fast becoming the way of the future. As owner and operator of ISS spa and ISS skin care line, Ms. Katz

designed skin therapies that treat the whole essence for radiant health and beauty. State-of-the-art equipment, breakthrough scientific ingredients, aromatherapy, and herbology modalities make

the treatment at ISS as good as found in renowned spas.

For more information and to schedule a complimentary spa service call ISS intelligent skin spa, 203-341-9779.